

Fort Worth Walking for Wellness + Expo

Remembering Ralea Brown
In Support of Diabetes Awareness Month

O.D. Wyatt High School

SATURDAY, NOVEMBER 3, 2018, 9 AM TO 3 PM

Re: Vendor Opportunity

September 27, 2018

We are contacting you for a vendor opportunity with Fort Worth Walking for Wellness + Expo on the O.D. Wyatt High School campus located at 2400 E. Seminary Drive, Fort Worth, TX 76119.

The walk is in partnership with Unity Unlimited, Inc. and the O.D. Wyatt Alumni Association. This event is FREE to the public and geared to promote getting the community up and moving as a preventative measure against Diabetes, specifically Type 2.

There are a limited number of vendor spaces available. General business vendor spaces are \$50 and non-profit organization vendor spaces are \$25. Vendor tables and chairs will be provided, only branded table cover needed. Vendor setup time is at 9:00 AM. There is program and recognition planned for after the walk where attendees will be encouraged to come inside to get more information and resources about the effects of the disease.

Please contact Katheryn Clark-Thompson if you have any questions regarding this opportunity at **(682) 263-6343**. You may purchase your vendor space through our Event Brite or online via www.unityunlimited.org. Register online or return the registration form below via email to **unityunlimited@hotmail.com** or fax to (817) 887-3919.

Thank you for supporting Fort Worth Walking for Wellness in Support of Diabetes Awareness Month.

Sincerely,

Dr. Katheryn Clark-Thompson
Walk Visionary
(682) 263-6949

Dione Sims
Unity Unlimited, Inc.
682-738-6055



SATURDAY,
NOVEMBER
3

Unity Unlimited, Inc Presents

FORT WORTH

Walking for Wellness + Expo

Remembering Ralea Brown
In Support of Diabetes Awareness Month

FREE AND OPEN TO THE PUBLIC

Hosted by:
Sweet Bennie Ray &

ODW

O.D. WYATT ALUMNI ASSOCIATION

O.D. Wyatt High School

2400 E Seminary Dr, Fort Worth, TX 76119

Registration Starts at 9am
or Register at Eventbrite

Walk Kicks Off at 10am | 1 Mile
Community Recognition & Expo from 11am-3pm

For more information
Visit: www.UnityUnlimited.org or
Call: 682.738.6055

Special Performance by
Sweet Bennie Ray

A portion of the proceeds to benefit





presents

Fort Worth Walking for Wellness + Expo

Remembering Ralea Brown

In Support of Diabetes Awareness Month

Hosted by Sweet Bennie Ray & O.D. Wyatt Alumni Association

Contact Information:

Dione Sims / Dr. Katheryn Clark-Thompson

(682) 738-6055 / (817) 887-3919 FAX

unityunlimited@hotmail.com

www.unityunlimited.org

portion of proceeds benefitting



Overview: Diabetes is one of the most serious health problems facing the African American community and is an urgent health problem in the Latino community as well. Studies suggest that simply getting more activity into the daily routines of citizens can help turn the tide of this disease's impact on the lives of those diagnosed with Type 2 Diabetes.

Our goal is to get residents walking in their communities, utilizing school tracks in their neighborhoods taking advantage of this free form of exercise. Another goal of the walk is to educate attendees on recognizing the symptoms of Type 2 diabetes, treating the diagnosis, living with and managing diabetes with diet, exercise and medication. Type 2 Diabetes affects minorities more than any other race of people, and they also are the least educated about its effects.

Unity Unlimited has committed to support the American Diabetes Association with a portion of the proceeds to help them in their fight against the deadly consequences of the disease. The ADA provides research to prevent, cure and manage diabetes, delivers services to hundreds of communities, provides objective and credible information and gives voice to those denied their rights to life because of diabetes.

The O. D. Wyatt Alumni Association and alum local recording artist Sweet Bennie Ray are collaborating to remember his sister Ralea Brown who also attended Wyatt but lost her battle with Type 2 Diabetes this year at the age of 25. Bennie and his family don't want her life or death to be in vain, and feel that the walk will allow them to have another way to remember her as they help others overcome the affects of the disease.

The Fort Worth Walking for Wellness + Expo will bring together several components including:

- 1 Mile (4 laps around the track) or as many as people can do
- Wellness Expo with health professionals performing screenings
- Workshops on effective management and lifestyle changes
- Vendor presentations and food preparation demonstrations
- Special musical performance by Sweet Bennie Ray and community recognitions

Unity Unlimited, Inc. 2119 Harrison Avenue Fort Worth, Texas 76110 (682) 738-6055 / (817) 887-3919 FAX

A 501(c)3 Non-Profit Organization

